

Samuel Trychin, Ph.D

On-line Training Courses

Enrollment Guide

Enrollment is accomplished by printing or copying this enrollment form. Submit the completed form along with your check or money order for \$200.00 for each 10 week course to:

Sam Trychin, Ph.D
212 Cambridge Road
Erie, PA 16511

You will then receive by mail, books and dvds (videotapes) and the course outline and weekly assignments.

Indicate the Course(s): ***Reducing the stresses related to hearing loss***

What participants will receive:

Living With Hearing Loss: Workbook	\$23.00
Relaxation Training Manual	\$23.00
DVD Deep Breathing/Progressive Muscle Relaxation	\$50.00
Is That What You Think?	\$23.00
Biotic Band	\$10.00
Anxiety/depression scales plus 3X5 cards	
Videotaped interview with Sam Trychin, Ph.D	<u>\$25.00</u>

Total value = \$155.00

 Preventing or reducing communicatin breakdowns

What participants will receive:

Living With Hearing loss: Workbook	\$23.00
<i>Communication Rules, Did I Do That?</i> and <i>Problem Solving in Families</i> books	
<i>Communication Rules, Did I Do That?</i> and <i>Getting Along</i> DVD	\$120.00
<i>Speak Out!</i> Book	\$10.00
Videotaped interview with Sam Trychin, Ph.D	<u>\$25.00</u>

Total value = \$168.00

Name _____

Street _____

City, State, Zip _____

Email Address _____

Amount Included _____